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He hoped that the state will be able to tackle the second wave of Covid just as it tackled when the first wave hit. The Chief Minister urged everyone to regularly practise yoga and do regular physical exercises for healthy mind and body.

Sports and Youth Affairs Minister Pranajit Singha Roy in his speech said, “This day is being celebrated on 21st June every year with the inspiration of Prime Minister Narendra Modi. Responding to his call, maximum states have been celebrating this day as Yoga Day.” The Chief Minister stressed upon state-wide yoga practise. In order to encourage yoga practise, yoga mats were distributed to school students of the state spending 50 lakh rupees with the assistance of Ayush Ministry. He added that the success rate of the participants of Tripura is fairly well in the national events. Yoga plays a significant role in helping the body fight with diseases and keep oneself fit when sports have been on halt due to the pandemic situation.

Others present in this programme were Sports and Youth Affairs Secretary Saradindu Choudhury, Tripura Sports Council Secretary Amit Rakshit, Sports and Youth Affairs Director Subikash Debbarma and the like.
